

Be Your Own Chef

CREATE YOUR OWN ITALIAN FAVORITE!

1

What Are You Havin'

Choose Your Style of Entree

Pasta Bowl

Choose Rigatoni or Capellini
Gluten Free Pasta +\$1.00

Mediterranean Bowl

Chef's Choice of Greens & Grains

Salad Bowl

Choice of Favorite Greens

Seasonal Roasted Veggie Bowl

Chef's Choice

2

How Do Ya' Wannit

Choose Your Protein

The Classic Meatball	\$8.99
The Turkey Meatball	\$9.49
The Sausage Meatball	\$8.99
The Lamb Meatball	\$11.99
The Beef Meatball ^{GF}	\$9.99
Grilled Chicken ^{GF}	\$8.99
Grilled Shrimp ^{GF}	\$10.99

3

Get "Saucy" With It

Hot Sauces

Arrabiata ^{GF}
Homemade Tomato ^{GF}
Creamy Rose
4-Cheese Alfredo
Pesto Alfredo

Dressings

House Dressing ^{GF}
Balsamic ^{GF}
Ranch ^{GF}
Lite Italian ^{GF}
Bleu Cheese
Cesar

4

Top It Off

pasta bowl : includes 3
salad bowl : includes 5

mediterranean bowl : includes 5
roasted veggie bowl : includes 3

Red Onions	Corn	Mozzarella Cheese
Carrots	Spinach	Parmigiano Cheese
Cucumbers	Mushrooms	Feta Cheese
Black Olives	Bruschetta Tomatoes	Ricotta Cheese
Bell Peppers	Sundried Tomatoes	Cheddar Cheese
Banana Peppers	Roasted Red Peppers	
Artichokes +.79	Bacon +.79	

NOT FEELING CREATIVE?
LET US DO THE WORK! CHOOSE FROM ONE OF OUR

Chef's Specialties

Pasta

all pasta specialties offered in MEDIO | GRANDE sizes

Pasta Lovers

\$5.49 | \$6.49
choice of pasta, sauce, cheese

Baked Ziti

\$6.99 | \$7.99
pasta, ricotta, tomato sauce, mozzarella

Mac & Cheese

\$6.99 | \$7.99
pasta, creamy 5-cheese sauce

Pasta Primavera

\$6.99 | \$7.99
pasta, choice of sauce, house vegetable medley

Pasta & Meatballs

\$7.99 | \$8.99
pasta, classic meatballs, sauce, cheese

Pasta Bolognese

\$7.99 | \$8.99
pasta, ground beef, rose cream sauce

Pasta Carbonara

\$7.99 | \$8.99
pasta, 4-cheese alfredo sauce, bacon, mushrooms

Sausage Arrabiata

\$7.99 | \$8.99
pasta, sausage meatballs, spicy tomato sauce

Chicken Alfredo

\$7.99 | \$8.99
pasta, grilled chicken, 4-cheese alfredo sauce

Shrimp Al Pesto

\$8.99 | \$10.99
pasta, shrimp, creamy pesto sauce

Shrimp & Chicken Alfredo

\$9.99 | \$11.99
pasta, shrimp, grilled chicken, creamy 4-cheese alfredo sauce

Salads

Add Chicken 2.49

Add Shrimp 4.49

House Salad^{GF}

\$5.49
lettuce, tomatoes, cucumbers, onions, carrots, olives, choice of dressing

Greek Salad^{GF}

\$6.49
lettuce, tomatoes, cucumbers, onions, carrots, olives, banana peppers, feta cheese, choice of dressing

Florentina Salad

\$6.49
spinach, roasted red peppers, red onion, mushrooms, croutons, mozzarella, choice of dressing

Cesar Salad

\$5.49
lettuce, cesar dressing, croutons, parmesan, choice of dressing

Kale Garden Salad^{GF}

\$6.49
baby kale & romaine, broccoli, carrots, tomatoes, cucumbers, onions, parmesan, choice of dressing

Arugula Salad^{GF}

\$6.49
arugula, tomatoes, cucumbers, olives, roasted peppers, artichoke hearts, feta choice of dressing

Subs and Wraps

Italian Cold Cut Sub

\$7.99
pepperoni, salami, ham, mozzarella, mayo, lettuce, tomato, banana peppers, house dressing

Meatball Parm Sub

\$7.99
classic meatballs, tomato sauce, mozzarella

Sausage Parm Sub

\$7.99
sausage meatballs, tomato sauce, mozzarella

Chicken BBQ Wrap

\$7.99
piada wrap, grilled chicken, bbq sauce, ranch, lettuce, onions, mozzarella

Shrimp Caesar Wrap

\$9.99
shrimp, romaine, tomatoes, cesar dressing, croutons, parmesan

Chicken Pesto Wrap

\$8.49
grilled chicken, bacon, lettuce, tomato, pesto, feta

Artisan Flatbreads

Cheese Flatbread

\$6.29
red sauce, shredded mozzarella. **add pepperoni +.79**

Margherita Flatbread

\$6.79
red sauce, garlic, basil, fresh mozzarella

Wild Mushroom Flatbread

\$7.99
ricotta, mushrooms, shredded mozzarella, garlic, basil

Meatball Flatbread

\$8.59
red sauce, shredded mozzarella, classic meatballs, basil

Chicken BBQ Flatbread

\$8.79
bbq chicken, bacon, caramelized onions, ricotta, mozzarella

Just Meatballs

3 meatballs topped with sauce and parmesan cheese

Classic Meatballs	4.99
Turkey Meatballs	5.49
Sausage Meatballs	4.99
Lamb Meatballs	6.49
Beef Meatballs ^{GF}	5.29

For The "Mini - Meatball"

all kids meals include a kids beverage

Pasta & Meatball	5.99
Pasta & Meatsauce	5.99
Pasta Burro & Parmigiano traditional pasta, butter, cheese	4.99
Pasta Alfredo	4.99
Kids Salad w/ chicken ^{GF}	5.99
Grilled Veggies w/ chicken ^{GF}	5.99

Sides

Piada Cheese Sticks	3.29
Piada Pepperoni Sticks	3.99
Tomato Basil Soup	3.99
Italian Wedding Soup	4.99
Side House Salad ^{GF}	2.29
Side Ceasar Salad	2.29
Side Greek Salad ^{GF}	2.99

Desserts

Mini Cannoli	2.29
Chocolate Chip Cookies	1.99/ea.

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IT'S ALL ABOUT THE MEATBALL!
 "OUR HOMEMADE FRESH
 ITALIAN MEATBALLS"



An **Italian Experience** in a fast casual setting where you, our guest, gets to **Create Your Favorite** Italian pastas, subs, salads, and sliders from the **Freshest Ingredients.**

Be **Your Own Chef** or let us inspire you from our **Family Recipes** and homemade Italian Classics.

"The **Meatball** is a little **Sphere Of Love** that has the power to bring families together with the warmth that only true Italian Food can have!"

Buon Appetito!

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